

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ina Crause**

Has successfully participated & completed the

**10km SA Run 4 Cancer Ultra Marathon 2019**

held at Polokwane Rugby Fields.

**TIME 01:02:14**

**PACE 06:12/km**

**GENDER 46 of 454**

**OVERALL 189 of 765**

**40+ 8 of 104**

26 October 2019, Sat

Date



*BoutTime*

Signature

